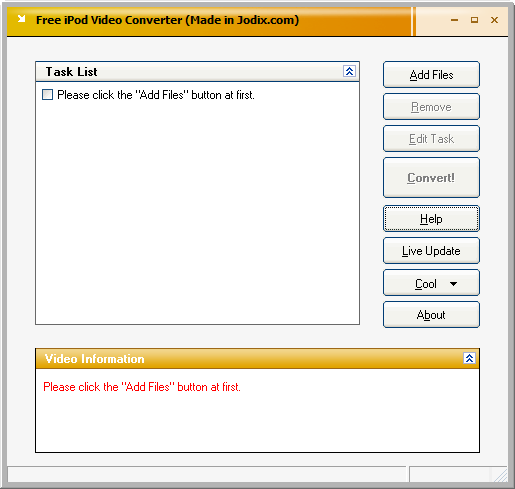
Please navigate to <http://www.jodix.com> to download a free video converter.

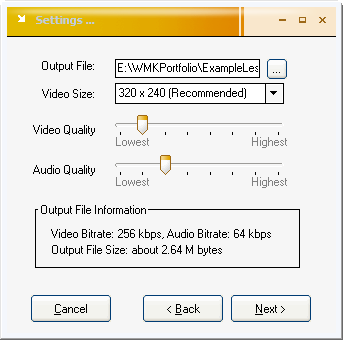
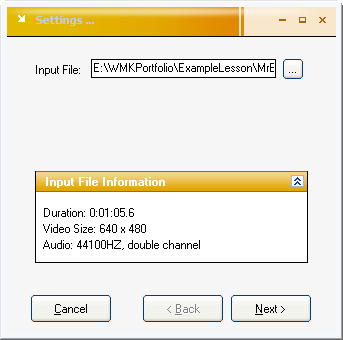
After download, please install the software and start the program.

The entry window will look like this:



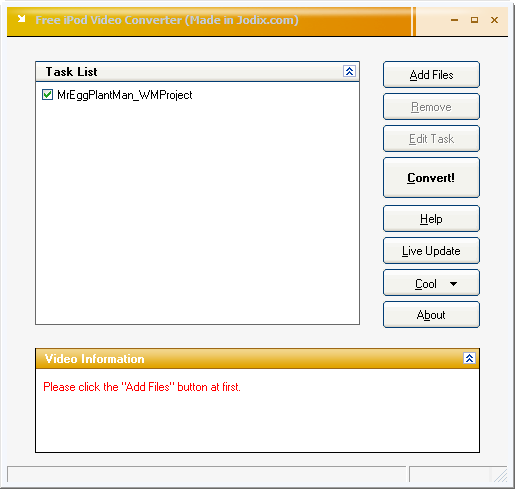
Using the video file created during Project XXX (Windows Video Project), click *Add Files* and navigate to the location in which you have saved your windows video file. Then, click open.

Your .WMV file will be uploaded into the program setting window for conversion. You will then be asked to verify a few video conversion settings beginning with this window:



The last screen in the setup process will allow you to change the title of the output file.

Once finished renaming the title, you will be brought back to the conversion area, and the Convert! Button will now become active:



Once converted, your file will be saved to the original location but will now have a different file extension of: MP4.

To upload your podcast for Internet viewing, simply navigator to <http://www.podbean.com> and follow the upload instructions found under the area of “Podcast Publishers.” You will need to create a PodBean account if you are new to the service.